

June 08

Check out the 2nd page for RW ride info. For info on other rides, click the link in the calendar or see the directory below.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>3 PM Ramble On</p>	<p>2</p> <p>6 PM Ada TT</p>	<p>3</p> <p>6:30 PM Quadzilla 6 PM Velo City ride 6 PM Ada Bike ride</p>	<p>4</p> <p>6 PM Jade Cycles ride 6 PM GR Bike Chica ride 6:30 Challenger</p>	<p>5</p> <p>6 PM Rapid Wheelmen Club Meeting & Ride and picnic</p>	<p>6</p> <p>8:30 AM Velo City bagel ride 6:30 PM Ice Cream ride 7:15 PM Family Ice Cream ride</p>	<p>7</p> <p>8 AM 100 Grand (see 100Grandinfo)</p>
<p>8</p>	<p>9</p> <p>6 PM Ada TT</p>	<p>10</p> <p>6:30 PM Quadzilla 6 PM Velo City ride 6 PM Ada Bike ride</p>	<p>11</p> <p>6 PM Jade Cycles ride 6 PM GR Bike Chica ride 6:30 PM PedalGR 6:30 Challenger</p>	<p>12</p> <p>6 PM Ladies Ride 6 PM VBS north ride 6:15 PM VBS Cascade ride 6:30 PM Cannon Cruise</p>	<p>13</p> <p>8:30 AM Velo City bagel ride 6:30 PM Ice Cream ride 7:15 PM Family Ice Cream ride</p>	<p>14</p> <p>7 AM Cannon Cruise 7:30 AM VBS Jenison bagel 8 AM 24-Hr Challenge 8 AM Velo City Sprint 8 AM GR Bicycle ride 5:30 PM Village MTB</p>
<p>15</p> <p>8 AM 24-Hr concludes 10:30 AM Village Alto ride 3 PM Sunshine Ramble On</p>	<p>16</p> <p>6 PM Ada TT 6 PM Family Fun Ride/White Pine Trail Ride</p>	<p>17</p> <p>6:30 PM Quadzilla 6 PM Velo City ride 6 PM Ada Bike ride</p>	<p>18</p> <p>6 PM Jade Cycles ride 6 PM GR Bike Chica ride 6:30 Challenger</p>	<p>19</p> <p>6 PM Ladies Ride 6 PM VB6S north ride 6:15 PM VBS Cascade ride 6:30 PM Cannon Cruise</p>	<p>20</p> <p>8:30 AM Velo City bagel ride 6:30 PM Ice Cream ride 7:15 PM Family Ice Cream ride</p>	<p>21</p> <p>7 AM Dawn Patrol 7 AM Cannon Cruise 7:30 AM VBS Jenison bagel 8 AM Velo City Sprint 8 AM GR Bicycle ride 8 AM Jochen's ride 5:30 PM Village MTB</p>
<p>22</p> <p>3 PM Ada Ramble On</p>	<p>23</p> <p>6 PM Ada TT 6 PM Family Fun Ride/White Pine Trail Ride</p>	<p>24</p> <p>6:30 PM Quadzilla 6 PM Velo City ride 6 PM Ada Bike ride</p>	<p>25</p> <p>6 PM Jade Cycles ride 6 PM GR Bike Chica ride 6:30 PM PedalGR 6:30 Challenger</p>	<p>26</p> <p>6 PM Ladies Ride 6 PM VBS north ride 6:15 PM VBS Cascade ride 6:30 PM Cannon Cruise</p>	<p>27</p> <p>8:30 AM Velo City bagel ride 6:30 PM Ice Cream ride 7:15 PM Family Ice Cream ride</p>	<p>28</p> <p>7 AM Dawn Patrol 7 AM Cannon Cruise 7:30 AM VBS Jenison bagel 8 AM Velo City Sprint 8 AM GR Bicycle ride 4 PM RW & Western MMBA Joint Ride 5:30 PM Village MTB</p>
<p>29</p> <p>3 PM Ramble On</p>	<p>30</p> <p>6 PM Ada TT</p>					

Check out the 2nd page for RW ride info.
 For info on other rides, click the link on the calendar or see the directory below.

2008

GR Rapid Wheelman rides:

Ride starts from:

SUN	Ramble On: Two distances: 25ish and 35ish. Ride start location! 6/1 Ramblewood Fit Ctr; 6/8 no ride; 6/15 Sunshine Comm Chrch; 6/22 Ada Park Grand River Ave lot; 6/1 Ramblewood Fit Ctr	Varies each week. See ride desc.	20-25 mi and 35ish; mod & good paces	Judy DeYoung judydy@comcast.net
MON	Ada TT lmb.org/rapidwheels/Ada_TT/weeklytt.htm . Sign up is from 5:45 p.m. until 6:20 p.m. The first rider leaves at 6:30 p.m. Riders leave in one minute intervals.	Ada Park, Grand River Ave parking lot	15 mi + warm-up & cool-down	Carolyn Chapman timetrials@rapidwheelmen.com 956-3753 work, 868-5217 home, 318-8566 cell
	Family fun ride: up to Rockford for ice cream . Trailers, tag-a-longs, children and anyone else who can ride that far are all welcome.	Riverside park north lot #3 (6:25ish at the Belmont Trailhead)	20 mi (10 mi from Belmont); casual pace (12ish mph)	Jeff Festian papacanyouhearne@sbcglobal.net
TUE	Quadzilla: Multiple paces with short and long route options. Pick your pace, find a group, and ride!	Kenowa Hills High School, Four Mile Rd at Hendershot Ave	20-25 and 30-35 mi, all paces	Guest RC for June: Jeff Festian papacanyouhearne@sbcglobal.net (Caroline Blake c.terlecki@comcast.net)
WED	Challenger.	Challenger Elem (52nd bet. Kalamazoo & Breton)	20-35 mi, mod and good paces	Tom Herold bikerman_63@yahoo.com (frequent sub: Mike Burden mwb@mwburden.com)
	PedalGR : a slow to moderate paced ride exploring the neighborhoods and sites of Grand Rapids. Nobody will be dropped on the ride. Having fun and riding safely are the two most important goals.	Founders Brewing Co 235 Grandville Ave SW http://www.foundersbrewing.com/home.php	12-20 mi, 1.5 to 2 hrs, casual pace, 10-12mph avg	Josh Duggan fotoman311@yahoo.com Routes, cadences, and weather info. will be posted to http://www.amyandjosh.net/pedalgr/
THU	Club Meeting & Ride. Meet and Ride. Club-provided picnic to follow.	Riverside Park, island shelter	15-25 mi, all paces	Jeff Festian papacanyouhearne@sbcglobal.net
	Ladies Ride. Different start location each month.	John Ball Park south lot across from Coca Cola plant on Butterworth Dr	25-30 mi, mod-good pace	Laura Melendez lada480@yahoo.com Nancy Lange annabike50@yahoo.com
	CANNON CRUISE Thursdays. Ride the rolling hills around Rockford and surrounding areas.	Cannonsburg Tshp Hall, SE corner Myers Lake Ave & Belding Rd	20-25 mi, mod –good pace	Bill Thompson 634-1790 bthompson@gilsongraphics.com
FRI	Ice Cream Ride: meets Family Ice Cream ride in Rockford for ice cream. Last Friday of the month the Club buys!	Riverside Park south lot	32 mi mod-good pace	Mark Hagar markpedal@idialup4less.com 389-3552
	Family Ice Cream Ride: meets Ice Cream ride in Rockford for ice cream. Last Friday of the month the Club buys!	Belmont White Pine Trail trailhead	10 mi easy-casual pace for families	Mark Hagar markpedal@idialup4less.com 389-3552
SAT	Dawn Patrol: around 50-55 miles and a 15-17mph average.	SE corner Monroe Ave & North Park St	40-55 mi, good pace	Mike Burden mwb@mwburden.com
	CANNON CRUISE.	Cannonsburg Tshp Hall, SE corner Myers Lake Ave & Belding Rd	50-60 mi, mod –good pace	Bill Thompson 634-1790 bthompson@gilsongraphics.com
	Jochen's Ride: Always lunch at or near the turn-around. 6/21: Two Dam ride, 8 am from the WPTH in Belmont, or 10am from the Sand Lake commuter lot just west of US-131, 80 miles from Belmont, 40 miles from Sand Lake. 6/28: no ride.	See ride desc.	40-80 mi (see ride desc.), mod-good pace	Jochen Ditterich 616.304.5337 weaverjochen@yahoo.com
	RW & Western MMBA Joint Ride Saturday June 28 th : road or mountain rides followed by a cookout of dogs and burgers afterward. Bring lawn chairs, pop up tents, and BYOB if you want it.	Cannonsburg Ski Area 6800 Cannonsburg Rd	1-2 hrs riding, multiple paces and distances	Jeff Festian papacanyouhearne@sbcglobal.net

Local ride contact directory:

Ada Bike Steve Kunnath sales@adabike.com 616-682-2453
 Alger Cycle alger_cyclery@yahoo.com 616-243-9753
 Grand Rapids Bicycles Brian Bangma brian@grandrapidsbicycles.com
 Jade Cycles Jim DeGracia info@jadecycles.com 616.748.9009
 Kentwood Cycle Geoff Kuyper gbkuyper@gmail.com

Velo City Bicycles Mike Clark mike@velo-citycycles.com 616-355-2000
 Village Bike Cascade Brian Krause cascade@villagebikeshop.com 616-285-1670
 Village Bike Jenison Jeff Gumina jenison@villagebikeshop.com 616-457-1670
 Village Bike Shop north Cory Bultman grnorth@villagebikeshop.com 616-361-3661
 Village Bike south Charley Van Portfliet grsouth@villagebikeshop.com 616-455-4870